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SAUI? ^ ^ COLLEGE OF APPLIED ARTS & TECHNOLOGY

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rr_{Aa}- ~ ..r. COURSE., OUTLINE

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Counselling Skills

COURSE TITLE:

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HDG 200-3

CODE NO. J

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,16 :. Native- Community Worker

PROGRAM:

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SEMESTER:

September 1990

DATE:

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Mary~ Wabegijig O'Donnell

AUTHOR:

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New:

Revision:

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APPROVED:



Nadean' Koch, Dean
School of Arts and
General Education

DATE:

COURSE! COUNSELLING SKILLS (HDG 200-3)

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INSTRUCTOR: Mary Wabegijig O'Donnell

CREDITS: 3

PHILOSOPHY/GOALS:

This course is an introduction to Counselling Methodology. It is designed to introduce the students to the techniques of the helping interview. Types of interviews, implications of self-awareness to a helping interview and cultural context will be emphasized.

OBJECTIVES:

Upon successful completion of this course the student will have developed skills in:

- a. Self-awareness and self-confidence in the counselling setting.
- b. Methods of note-taking while interviewing.
- c. Responding to client needs and goal planning with clients.
- d. Clarifying client communication and responding accurately and sensitively.
- e. Team work by experiencing interactions with other Native professionals from the local community.

TEXT:

HELPING OTHERS HELP THEMSELVES - A GUIDE TO COUNSELLING SKILLS

Authors: John Loughary, Theresa Ripley

COURSE: COUNSELLING SKILLS (HDG 200-3)

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INSTRUCTOR: Mary Wabegijig O'Donnell

EVALUATION

Attendance & Participation	20%
Chapter Tests	20%
Mid Term Project	20%
Case Studies	20%
Final Tape	<u>20%</u>
TOTAL	100%

NOTE:

Ideally, assignments will be handed in on time, in the classroom, be legible, and be of graduate level content.

Tests and assignments are to be completed on due date.